Advice for new walk leaders and mentors.

March 2018

New Walk leaders

Choose a mentor you can trust, a friend perhaps, who will be willing to **help and advise you and** answer any of your questions. They should have led a walk themselves**. Additional guidance can also be sort from any of the Walks Secretaries who will be pleased to help you.**

You will receive your attendance sheet and check list when the programmes are distributed. Please read the Walk Leaders Check List carefully as it explains fully what to do on the day of the walk. And do enjoy leading walks for us.

Mentor

1. Please help, advise and give confidence to new walk leaders.
2. Help them **find,** plan and recce **the** walk.
3. Advise about potential hazards such as busy roads and livestock.
4. Explain how to report footpath problems. (See the back of the attendance sheet.)
5. Ensure that the new walk leader reads the Walk Leaders Checklist and is aware of the Emergency Procedure document on the back.
6. Advise about email to Janet.
    - Send it out a week before the walk.
    - Email should give a brief description of the walk, including distance to be walked, and for the short walks state an approximate number of stiles.
    - Put directions to the start of the walk in the email, giving a post code for parking. Describe car parking information, showing payment if necessary. Give **if possible, the** Explorer map used. The short walks also like to have a start time, but this is not necessary otherwise.
    - Give a mobile number. On the day of the walk if the weather is inclement walkers going straight to the start of the walk will send a text to say this. Only reply if you intend to cancel the walk.
7. Remember a walk may need to be recced **more than once** to give confidence, so please do help.
8. Answer any questions you're asked.
9. **Be sure to attend the walk to support and if necessary assist the new leader.** Discuss the walk afterwards as lessons can **often** be learnt when the walk has been completed.